

Men Hayward Classic Meet Records

100 m

M30	Greg Marshall	10.95	
M35	Leon Lincoln	10.80	
M40	John Norton	11.20	1987
M45	Paul Edens	11.20	1986
M50	Stephen Robbins	11.37	1993
M55	Harold Morioka	12.08	1999
M60	Stephen Robbins	12.12	2006
M65	Stephen Robbins	12.37	2008
M70	Harry Koppel	13.59	1983
M75	Anthony Castro	14.00	1986
M80	Bill Madill	15.54	2008
M85	Dan Bulkley	19.55	2004
M90	Bill Lauderback	28.32	2008

200 m

M30	Art Anderson	22.04	1997
M35	Paul Dungan	22.60	1984
M40	Benito Rosales	23.23	1999
M45	Paul Edens	23.20	1986
M50	Stephen Robbins	22.98	1996
M55	Harold Morioka	24.55	1999
M60	Stephen Robbins	24.79	2004
M65	Paul Edens	25.78	2006
M70	James Stookey	27.99	2000
M75	Anthony Castro	30.10	1986
M80	Bill Ballantine	41.89	2007
M85	Dan Bulkley	42.07	2004
M90	Buell Crane	45.75	1990

400 m

M30	Curtis Wilson	49.18	1998
M35	Paul Dungan	50.40	
M40	Harold Morioka	51.36	1984
M45	Harold Morioka	51.88	1989
M50	Harold Morioka	51.70	1994
M55	Dave Walter	53.32	2000
M60	Harold Morioka	55.04	2003
M65	Don McMillan	01:03.90	2006
M70	Rodney Brown	01:06.27	1997
M75	Don Cheek	01:10.85	2006
M80	Dan Bulkley	01:22.72	1999
M85	Dan Bulkley	01:39.75	2004
M90	Paul Spangler	02:15.94	1990

800 m

M30	Sean McCartin	01:57.00	1994
M35	George Mason	01:57.00	1983
M40	George Cohen	01:56.39	1983
M45	Richard Tucker	02:01.97	1990
M50	Dave Clingan	02:06.53	2005
M55	Ralph Miller	02:11.32	1988
M60	Don McMillian	02:18.37	2001
M65	Dan McCormack	02:30.38	2004
M70	Jim Lytjen	02:32.74	1991
M75	Dan Bulkley	02:52.72	1992
M80	Dan Bulkley	03:26.50	1997
M85	Dan Bulkley	04:33.09	2005
M90	Paul Spangler	05:02.64	1990

1500 m

M30	Jim Hebert	4:09.20	
M35	Ed Spinney	04:00.60	1993
M40	Peter Magill	04:05.87	2004
M45	Peter Magill	04:07.58	2006
M50	Reed Miller	04:35.88	1991
M55	Michael Allison	04:43.44	2007
M60	Ralph Miller	04:59.37	1994
M65	Dan Longnecher	05:02.80	
M70	John Keston	05:24.03	1996
M75	John Keston	05:54.50	2001
M80	Dan Bulkley	07:20.62	1997
M90	Paul Spangler	11:30.00	1991

3000 m

M30	Jonathon Swanson	08:43.30	2002
M35	John King	09:03.24	2005
M40	Tony Young	08:23.78	2003
M45	Peter Magill	08:37.52	2006
M50	Dan Conway	09:13.28	1990
M55	Ray Hatton	09:37.88	1988
M60	Thom Weddle	10:42.49	2002
M65	Paul Heitzman	10:49.81	1998
M70	John Keston	11:45.44	1995
M75	John Keston	12:22.88	2001
M80	Bob Koch	16:00.06	2007
M90	Paul Spangler	20:46.89	1990

5000 m

M30	Ken Hunter	14:44.60	1986
M35	Rick Fuller	14:26.57	2002
M40	Frank Duarte	15:26.63	1983
M45	Chuck Coates	15:49.69	2005
M50	Ray Hatton	16:31.50	1984
M55	Herb Phillips	16:59.64	1997
M60	David Pitkethly	18:22.67	1996
M65	John Keston	18:36.38	1994
M70	John Keston	19:26.98	1997
M75	John Keston	21:05.00	2001
M80	Bob Koch	26:22.55	2007
M90	Paul Spangler	45:16.35	1991

10,000 m

M30	Ed Spinney	32:14.10	1986
M35	David Castle	33:07.43	1991
M40	Paul Raether	32:25.16	1993
M45	Otis Sanders	33:52.72	2005
M50	Ray Hatton	32:29.30	1984
M55	Dave McJunkin	36:23.96	2000
M60	David Pitkethly	38:32.59	1996
M65	John Keston	37:52.75	1993
M70	John Keston	39:31.32	1996
M75	John Keston	41:59.06	2001
M80	Paul Spangler	59:57.00	1983

80 m Hurdles

M70	Walter Dahlin	14.56	1991
M75	James Stookey	13.77	2005
M80	Dan Bulkley	17.73	1997

100 m Hurdles

M50	Bryan McKinley	14.87	2003
M55	Roger Parnell	16.22	2006
M60	Joe Johnston	16.47	2006
M65	James Stookey	16.68	1998

110 m Hurdles

M30	Dennis Simas	15.71	1983
M35	Robert Buhl	16.40	
M40	Dee Dewitt	15.60	1983
M45	Jack Craig	16.00	1997
M50	John Hepner	19.20	1983
M55	Richard Nordquist	18.06	1983
M60	Richard Nordquist	17.60	
M65	Robert Hunt	17.20	
M70	Bert Morrow	21.59	1983

300 m Hurdles

M50	Lew Thorne	45.11	1989
M55	Alan Maxwell	56.89	1988
M60	Harold Marioka	47.46	2003
M65	James Stookey	49.61	1998
M70	Ronald Kirkpatrick	56.14	2008
M75	James Stookey	54.17	2005
M80	Dan Bulkley	01:04.87	1999

400 m Hurdles

M30	Doug Schneebeck	57.07	1994
M35	Doug Schneebeck	57.52	1997
M40	Richard Reinhart	60.04	1993
M45	David Ortman	59.06	1998
M50	Harold Marioka	59.46	1994
M55	Larry Norris	68.78	2002
M70	B.W. "Bud" Deacon	87.57	1983

2000 m Steeplechase

M55	Wally Brawner	08:07.46	1999
M60	John Hepner	07:48.99	1994
M65	John Hepner	08:10.29	1997
M70	John Hepner	08:48.85	2002
M75	Dan Bulkley	09:28.78	1993
M80	Dan Bulkley	11:11.20	1997

3000 m Steeplechase

M30	Steve Grube	09:28.78	1993
M35	Steven James	09:34.15	1996
M40	Clay Stenberg	09:34.45	1995
M45	Leonard Hill	10:17.46	2002
M50	Leonard Hill	10:10.41	2003
M55	Ken Carmen	11:12.00	1983

1 Mile Run

M30	Dale Londos	04:25.53	1997
M35	David Castle	04:31.18	1990
M40	Kirk Randall	04:23.08	1983
M45	Mike Manley	04:28.02	1988
M50	Dave Clingan	04:43.67	2005
M55	Herb Phillips	04:59.36	1997
M60	Dan McCormack	05:05.56	1999
M65	Paul Heitzman	05:28.77	1997
M70	John Keston	05:51.44	1997
M75	John Keston	06:27.81	2001
M80	Joe King	07:09.60	2008
M90	Paul Spangler	10:47.71	1990

1 Mile Walk

M40	Robert Frank	07:39.98	1996
M45	Mike Blanchard	07:34.84	2006
M50	Ed Kousky	07:19.32	1995
M55	Ed Kousky	07:16.77	1996
M60	Norman Frable	08:12.66	2007
M65	Jack Bray	08:13.73	2002
M70	Ron MacPike	10:00.98	2003
M75	Joseph Mallon	10:52.60	1996
M80	John Besson, Jr.	11:50.65	1993

2000 m Walk

M35	Robert Frank	11:01.47	1992
M40	Stan Chraminski	09:47.72	1991
M45	Charles Monismith	11:45.64	1991
M50	Bob Brewer	10:05.37	1991
M60	Bill Kinder	14:09.20	1992
M65	Dick Bennett	12:17.58	1992
M70	Joseph Mallon	12:12.24	1991

3000 m Walk

M30	William Boyd	16:10.90	1989
M35	David McNayr	16:35.53	1988
M40	S.O. Monismith	17:09.20	1989
M45	Marvin Dunn	16:34.00	1989
M60	Bill Kinder	20:09.06	1989
M65	Bryon Krog	19:18.20	1989
M70	G. O'Neal	19:50.20	1989

5000 m Walk

M30	John Kerfoot	23:25.60	1991
M35	Edwin Thompson	31:53.18	1990
M40	Bob Novak	25:20.85	1993
M45	Stan Chraminski	25:12.26	1997
M50	Edgar Kousky	24:59.70	1995
M55	Edgar Kousky	24:30.40	1996
M60	Norman Frable	26:59.10	2007
M65	Jack Bray	26:54.98	2002
M70	Paul Johnson	28:16.82	2008
M75	Dick Vaughn	34:57.86	2006
M80	John Besson, Jr.	38:29.40	1993

High Jump

M30	Corey Swim	2.03	2001
M35	Mike Franz	1.87	1994
M40	Keith Nelson	1.96	1997
M45	Jerry Cash	1.71	1994
M50	Bruce McBarnette	1.91	2008
M55	Herm Wyatt	1.71	1989
M60	Herm Wyatt	1.60	1993

M65	Milton Newton	1.50	2001
M70	Vince Sempronio	1.40	1996
M75	Ray Propst	1.29	2004
M80	Gilbert Young	1.13	2003
M85	Loen Joslin	0.94	1997

Pole Vault

M30	Curtis Heywood	4.90	2000
M35	Stephen Smith	4.91	1988
M40	Ed Lipscomb	4.70	1992
M45	Jerry Cash	4.73	1995
M50	Jerry Cash	4.20	2000
M55	Joe Johnston	3.85	1999
M55	Dennis Phillips	3.85	2006
M60	John Altendorf	4.00	2007
M65	Terry Cannon	3.20	2007
M70	Terry Cannon	3.00	2008
M75	John Cleveland	2.50	2000
M80	John Cleveland	2.20	2005

Long Jump

M30	B. Sinkbeil	6.79	1989
M35	Randy Kruse	6.71	1989
M40	David Pietka	6.33	1992
M45	Bob Blackburn	5.84	2001
M50	Roger Parnell	5.74	2000
M55	Roger Parnell	5.56	2004
M60	Darwin Grimm	4.86	1994
M65	James Stookey	4.94	1998
M70	James Stookey	4.83	2000
M75	James Stookey	4.49	2005
M80	Bill Platts	3.55	2008
M85	Dan Bulkley	2.27	2006

Triple Jump

M30	Mike Lariza	14.60	1987
M35	Mike Lariza	13.71	1991
M40	Brian Goushy	13.24	2002
M45	Mike Lariza	13.51	2001
M50	Mike Lariza	12.10	2007
M55	Scott Jackson	9.61	2007
M60	Victor Chaney	9.72	2005
M65	Kermit Walker	9.87	2002
M70	James Stookey	9.93	2000
M75	James Stookey	8.95	2005
M80	Lew Leuhrs	3.80	2001

Shot Put

M30	Tim Fua	16.31	2002
M35	Chuck Chapin	15.54	
M40	Chuck Chapin	16.40	1987
M45	Richard Brown	15.11	1987
M50	Tom Gage	16.21	1995
M55	Joe Keshmiri	15.31	1997
M60	Joe Keshmiri	16.46	1998
M65	Ross Carter	13.66	1983
M70	Gerald Vaughn	15.02	2006
M75	Bob Ward	12.07	2008
M80	Ross Carter	12.27	1994
M85	Ross Carter	10.42	1999
M90	Jim Murray	6.14	2005

Discus

M30	D. Stepens	38.82	
M35	Kevin Carr	51.88	2001
M40	Tim Fox	47.88	1997
M45	Mark Neil	46.34	1998
M50	Tom Fahey	53.04	2001
M55	Tom Fahey	51.32	2004
M60	Tom Gage	51.86	2004
M65	Ladislav Filip	46.84	1995
M70	Grove Bolles	43.34	2004
M75	Harvey Lewellen	41.58	2004
M80	Ross Carter	37.08	1994
M85	Ross Carter	30.81	2000
M90	Buell Crane	20.52	1990

Javelin

M30	Ken Hall	63.42	1996
M35	Corey Swim	64.22	2005
M40	Hamman Stenlund	58.48	1985
M45	Gary Reddaway	53.72	1986
M50	Gary Reddaway	51.71	1993
M55	Del Pickarts	50.78	1986
M60	Doug Appel	46.50	2006
M65	Gary Stenlund	56.93	2006
M70	William Bronson	35.18	1993
M75	Hal Wallace	30.12	1999
M80	Leon Joslin	22.06	1992
M85			

As of 2000 new WMA implements M50-59; 70+

M50	Paul Mcpherson	51.64	2005
M55	Robert Rice	38.15	2005
M70	Malcolm Russell	38.75	2007
M75	William Platts	37.94	2003
M80	Bill Platts	38.23	2008
M85	Ross Carter	16.00	2000
M90	Jim Murray	13.44	2005

Hammer

M30	Tony Valley	21.05	1987
M35	Pat Healy	48.68	1988
M40	L. Waithe	50.00	1991
M45	Tom Gage	54.70	1991
M50	Tom Gage	61.84	1996
M55	Tom Gage	57.37	1998
M60	Tom Gage	60.44	2004
M65	George Matthews	49.41	2008
M70	Bob Ward	50.90	2004
M75	Bob Ward	51.51	2008
M80	Leon Joslin	26.34	1993
M85	Leon Joslin	20.95	1999
M90	Jim Murray	15.59	2005

Weight Throw

M30	Bryan Payne	9.90	2004
M35	Mike Curry	12.33	2005
M40	Tim Shannon	14.41	2003
M45	Ray Burton	14.71	2005
M50	Tom Gage	17.06	1995
M55	Tom Gage	15.38	1999
M60	Richard Hotchkiss	14.04	2000
M65	Ken Weinbel	12.53	1995
M70	Ken Weinbel	11.77	1998
M75	Jim Minah	8.72	1996
M80	Leon Joslin	7.92	1994
M85	Ross Carter	6.67	1999

As of 2001 new WMA Implements M50+

M50	Tomas Meyer	18.12	2005
M55	Tom Gage	19.68	2002
M60	Tom Gage	22.28	2003
M65	George Matthews	19.90	2008
M70	Bob Ward	18.36	2006
M75	Bob Ward	18.25	2008
M80	Robert Horsley	13.23	2003
M85	Ross Carter	8.82	2001
M90	Jim Murray	7.70	2005

Super Weight Throw

M30	Bryan Payne	6.15	2004
M35	Mike Curry	7.61	2005
M40	Mike Curry	8.86	2008
M45	Ray Burton	9.00	2005
M50	Tim Edwards	9.37	1998
M55	Tom Gage	9.33	1998
M60	Todd Taylor	10.92	2008
M65	George Matthews	10.60	2008
M70	Harry Hawke	11.91	2000
M75	Bob Ward	9.72	2008
M80	Jim Minah #35	5.61	2000
M80	V. Sempronio #25	7.30	2006
M85	Leon Joslin #35	4.82	1998
M60	Hank Konen #44	10.59	2007

4 x 100 m Relay

Pacific NW Association A (Blake,			
40-	Walker, Coushay,		
49	Johnson)	47.9h	2008
PNW "A" (Brocato, Lesniak, Jacobson,			
50-	Lyden)	49.21	2002
NW reg. A (Tucker, McMillan,			
60-	Hoffman, Edens)	56.01	2006

4 x 400 m Relay

NET (Janz, Sherman, Dudsman,			
30-	Pearce)	04:10.52	2001
PUHP (Londos, Prather, Whan, Podo)			
40-		03:52.51	2005
Eugene Striders A Team (Russell,			
50-	Podolski, Widoff,		
59	Maier)	04:14.79	2007

4 x 800 m Relay

MITM (Hinton, Poper, Paulk, Young)			
40-			
44		07:54.17	2004

4 x 1500 m Relay

MiTM (Hinton, Poper, Paulk, Young)			
40-			
44		16:24.12	2003

4 x Mile Relay

MITM (Magill, Pope, Hinton, Young)			
40-			
49		17:14.31	2004

4 x 1600 m Relay

No Name Track Club WB (Olds,			
40-	Assum, Magill,		
49	Young)	17:40.63	2002