

2016 Hayward Classic Records

Hayward Classic Meet Records – 2016

				Team	Wind
100 Meter Dash – Women					
W30	P. Farster–Gilkey	12.70	1986		
W35	Phil Raschker	11.89	1983		
W40	Veronica Amarasekara	12.89	2002		
W45	Mary Libal	13.09	1997		
W50	Irene Obera	12.80	1986		
W55	Brenda Matthews	14.92	2007		
W60	Marg Radcliffe	15.40	2003		
W65	Josephine Kolda	16.25			
W70	Audrey Lary	15.72	2004		
W75	Christa Bortignon	15.99	2013	West Vancouver, BC	1.8
W80	Olga Kotelko	22.00	2002		
W85	Olga Kotelko	21.84	2004		
W90	Myra Fromme	41.06	1997		

				Team	Wind
100 Meter Dash – Men					
M30	Greg Marshall	10.95			
M35	Leon Lincoln	10.80			
M40	John Norton	11.20	1987		
M45	Paul Edens	11.20	1986		
M50	Stephen Robbins	11.37	1993		
M55	Harold Morioka	12.08	1999		
M60	Stephen Robbins	12.12	2006		
M65	Stephen Robbins	12.37	2008		
M70	Harry Koppel	13.59	1983		
M75	Anthony Castro	14.00	1986		
M80	Bob Hewitt	15.24	2014	Portland Masters TC	0.7
M85	Dan Bulkley	19.55	2004		
M90	Ralph Maxwell	20.73	2011	Unattached *	0.3
M95					

				Team	Wind
200 Meter Dash – Women					
W30	P. Farster–Gilkey	26.90	1986		
W35	Phil Raschker	24.80			
W40	Jacqueline Board	27.11	1998		
W45	Mary Libal	26.74	1997		
W50	Irene Obera	27.70	1986		
W55	Betty Vosburgh	31.93	1990		
W60	Kemisole Solwazi	30.76	2000		
W65	Audrey Lary	32.98	1999		
W70	Audrey Lary	36.57	2005		
W75	Christa Bortignon	34.73	2013	West Vancouver, BC	0.0
W80	Olga Kotelko	49.11	2000		
W85	Olga Kotelko	50.44	2004		
W90	Myra Fromme	94.03	1998		

2016 Hayward Classic Records

200 Meter Dash - Men				Wind
M30	Art Anderson	22.04	1997	
M35	Paul Dungan	22.60	1984	
M40	Benito Rosales	23.23	1999	
M45	Paul Edens	23.20	1986	
M50	Stephen Robbins	22.98	1996	
M55	Harold Morioka	24.55	1999	
M60	Stephen Robbins	24.79	2004	
M65	Paul Edens	25.78	2006	
M70	James Stookey	27.99	2000	
M75	Anthony Castro	30.10	1986	
M80	Bob Hewitt	32.72	2014	Portland Masters TC
M85	Dan Bulkley	42.07	2004	
M90	Buell Crane	45.75	1990	
M95				

400 Meter Dash - Women				
W30	Catherine Seeley	1:00.67	1988	
W35	Phil Raschker	56.73	1983	
W40	Mary Libal	59.03	1995	
W45	Mary Libal	1:00.17	1996	
W50	Mary Libal	1:05.12	2000	
W55	Gigi Cutler	1:13.94	2016	Unattached, Camas WA
W60	Kemisole Solwazi	1:11.05	2000	
W65	Audrey Lary	1:19.75	1999	
W70	Suzi MacLeod	1:28.67	2004	
W75	Christa Bortignon	1:25.55	2012	Canada
W85	Ivy Granstrom	2:26.42	1998	
W90	Bertha Holt	3:45.62	1996	

400 Meter Dash - Men				
M30	Curtis Wilson	49.18	1998	
M35	Paul Dungan	50.40		
M40	Harold Morioka	51.36	1984	
M45	Harold Morioka	51.88	1989	
M50	Harold Morioka	51.70	1994	
M55	Dave Walter	53.32	2000	
M60	Harold Morioka	55.04	2003	
M65	Don McMillan	1:03.90	2006	
M70	Rodney Brown	1:06.27	1997	
M75	Gary Sims	1:10.75	2013	Paradise, CA
M80	Dan Bulkley	1:22.72	1999	
M85	Dan Bulkley	1:39.75	2004	
M90	Daniel Bulkley	2:09.12	2010	

2016 Hayward Classic Records

800 Meter Run - Women

W30	Pam Pulice	2:18.73	1987
W35	Mary Macauley	2:19.70	2000
W40	Debbie Dove-Eerkes	2:23.76	1997
W45	Jennifer Teppo	2:30.43	2003
W50	Sharlet Gilbert	2:30.87	2002
W55	Gigi Cutler	2:47.98	2016 Unattached, Camas WA
W60	Diane Palmason	3:00.16	2002
W65	Diane Palmason	2:46.12	2003
W70	Suzi MacLeod	3:22.69	2004
W75	Suzi MacLeod	3:35.22	2010
W85	Ivy Granstrom	5:23.19	1998

800 Meter Run - Men

M30	Sean McCartin	1:57.00	1994
M35	George Mason	1:57.00	1983
M40	George Cohen	1:56.39	1983
M45	Richard Tucker	2:01.97	1990
M50	Dave Clingan	2:06.53	2005
M55	Ralph Miller	2:11.32	1988
M60	Don McMillian	2:18.37	2001
M65	Frank Condon	2:23.27	2010
M70	Jim Lytjen	2:32.74	1991
M75	Dan Bulkley	2:52.72	1992
M80	Dan Bulkley	3:26.50	1997
M85	Dan Bulkley	4:33.09	2005
M90	Paul Spangler	5:02.64	1990

1500 Meter Run - Women

W30	Doreen Groshan	4:49.12	1995
W35	Sue Grigsby	4:51.27	1995
W40	D. Dove-Eerkes	4:52.32	1997
W45	Carmen Ayala-Troncoso	5:00.30	2008
W50	Sharlet Gilbert	5:18.37	2002
W55	Gigi Cutler	5:34.68	2014 Unattached
W60	M L Michelsohn	6:02.50	2002
W65	Helly Visser	6:21.66	1999
W70	Dawn Russell	7:57.56	1995
W85	Ivy Granstrom	13:06.03	2000

2016 Hayward Classic Records

1500 Meter Run - Men

M30	Jim Hebert	4:09.20	
M35	Ed Spinney	4:00.60	1993
M40	Peter Magill	4:05.87	2004
M45	Peter Magill	4:07.58	2006
M50	Kevin Paulk	4:30.56	2011 Bowerman AC
M55	Michael Allison	4:43.44	2007
M60	Ralph Miller	4:59.37	1994
M65	Dan Longnecher	5:02.80	
M70	John Keston	5:24.03	1996
M75	John Keston	5:54.50	2001
M80	Dan Bulkley	7:20.62	1997
M85	Craig McMicken	11:31.13	2014 Oregon Track Club
M90	Paul Spangler	11:30.00	1991

3000 Meter Run - Women

W30	I. McLoughlin	10:28.36	1990
W35	Terri Lee Busby	10:36.97	1991
W40	Jules Trigueiro	10:44.96	1990
W45	C. AyalaTroncoso	10:06.44	2006
W50	Denise Janneck	12:06.11	2004
W55	Joan Ottaway	11:22.39	2000
W60	Jeanette Groesz	12:27.30	2013 Redmond, OR
W65	M.L. Michelsohn	11:53.28	2002
W70	Pat Dixon	15:01.41	1990
W85	Ivy Granstrom	24:08.62	1998

3000 Meter Run - Men

M30	Jonathon Swanson	8:43.30	2002
M35	Joshua Gordon	8:58.78	2014 Bowerman AC
M40	Tony Young	8:23.78	2003
M45	Peter Magill	8:37.52	2006
M50	Dan Conway	9:13.28	1990
M55	Ray Hatton	9:37.88	1988
M60	Thom Weddle	10:42.49	2002
M65	Paul Heitzman	10:49.81	1998
M70	John Keston	11:45.44	1995
M75	John Keston	12:22.88	2001
M80	Bob Koch	16:00.06	2007
M85	Craig McMicken	23:55.90	2016 Oregon Track Club, Florence, OR
M90	Paul Spangler	20:46.89	1990

2016 Hayward Classic Records

5000 Meter Run – Women

W30	Lorilynn Bloomer	17:00.11	2003
W35	Deanna O'Neil	16:51.20	2001
W40	Linda Martynen	18:42.19	1991
W45	Sharon Downing	17:58.18	2003
W50	Pam Turner	19:46.60	1996
W55	Miriam Zderic	19:38.97	2011 Unattached *
W60	M.L. Michelsohn	20:22.76	2002
W65	Pam Turner	23:35.10	2012 Unattached
W70	June Machala	23:28.76	2003
W75	Susan Means	31:15.12	2010
W80	Helen Lachman	43:33.20	2005
W85	Ivy Granstrom	42:50.86	1999

5000 Meter Run – Men

M30	Ken Hunter	14:44.60	1986
M35	Rick Fuller	14:26.57	2002
M40	Frank Duarte	15:26.63	1983
M45	Mike Blackmore	15:48.15	2010
M50	Ray Hatton	16:31.50	1984
M55	Herb Phillips	16:59.64	1997
M60	David Pitkethly	18:22.67	1996
M65	John Keston	18:36.38	1994
M70	John Keston	19:26.98	1997
M75	John Keston	21:05.00	2001
M80	Bob Koch	26:22.55	2007
M85	Craig McMicken	34:50.42	2012 Oregon Track Club
M90	Paul Spangler	45:16.35	1991

10,000 Meters – Women

W30	Jennifer Compton	36:58.72	2002
W35	C. Cottrell	38:43.38	1986
W40	C. Swanson	41:41.10	1986
W45	Marcella Teran	39:31.22	2001
W50	Sue Cammack	42:28.50	1996
W55	Zel Brook	67:04.34	2006
W60	Suzanne Rodkey	60:58.81	2002
W65	R. Dashwood	50:32.24	1990
W70	June Machala	48:11.29	2003

2016 Hayward Classic Records

10,000 Meters – Men

M30	Ed Spinney	32:14.10	1986
M35	Joshua Gordon	32:40.60	2010
M40	Paul Raether	32:25.16	1993
M45	Otis Sanders	33:52.72	2005
M50	Ray Hatton	32:29.30	1984
M55	Dave McJunkin	36:23.96	2000
M60	Doug Winn	35:47.78	2010
M65	John Keston	37:52.75	1993
M70	John Keston	39:31.32	1996
M75	John Keston	41:59.06	2001
M80	Paul Spangler	59:57.00	1983

80 Meter Hurdles – Women

				Wind
W40	V. Amarasekara	12.70	2002	
W45	Liz Palmer	12.45	2010	
W50	Liz Palmer	12.70	2011 Golden West AC *	-0.3
W55	Karen Maxwell	14.27	2014 Unattached	1.4
W60	Becky Sisley	18.10	2003	
W65	Barbara Jordan	17.20	2004	
W70	Barbara Jordan	17.93	2008	
W75	Christa Bortignon	18.15	2013 West Vancouver, BC	0.9

80 Meter Hurdles – Men

				Wind
M70	Walter Dahlin	14.56	1991	
M75	James Stookey	13.77	2005	
M80	Dan Bulkley	17.73	1997	
M90	Ralph Maxwell	21.76	2011 Unattached *	-0.3

100 Meter Hurdles – Women

				Wind
W30	Pamela Reynolds	17.05	1996	
W35	Denise Foreman	15.62	1995	

100 Meter Hurdles – Men

				Wind
M50	BJ Duhon	14.40	2011	-1.2
M55	Mark Williamson	15.74	2013 Durham, NC	2.0
M60	Thaddeus Wilson	15.03	2013 Oxnard, CA	0.9
M65	James Stookey	16.68	1998	

110 Meter Hurdles – Men

				Wind
M30	Dennis Simas	15.71	1983	
M35	Douglas McLaren	15.35	2012 Canada	0.2
M40	Dee Dewitt	15.60	1983	
M45	Jack Craig	16.00	1997	
M50	John Hepner	19.20	1983	
M55	Richard Nordquist	18.06	1983	
M60	Richard Nordquist	17.60		
M65	Robert Hunt	17.20		
M70	Bert Morrow	21.59	1983	

2016 Hayward Classic Records

200 Meter Hurdles - Women					Wind
W70	Becky Sisley	52.80	2011	Oregon Track Club	-1.7

300 Meter Hurdles - Women				
W50	Karen Maxwell	54.21	2010	
W55	Karen Maxwell	1:00.83	2016	So Calif Striders, Salem OR
W60	Becky Sisley	1:10.05	2003	
W65	Barbara Jordan	1:02.49	2004	

300 Meter Hurdles - Men				
M50	Lew Thorne	45.11	1989	
M55	Alan Maxwell	56.89	1988	
M60	Thaddeus Wilson	46.49	2013	Oxnard, CA
M65	James Stookey	49.61	1998	
M70	Ronald Kirkpatrick	56.14	2008	
M75	James Stookey	54.17	2005	
M80	Dan Bulkley	1:04.87	1999	

400 Meter Hurdles - Women				
W30	Kathy Kathman	1:21.65	1985	
W35	Denise Foreman	1:07.10	1995	
W40	Ruth Callard	1:14.38	1997	

400 Meter Hurdles - Men				
M30	Doug Schneebeck	57.07	1994	
M35	Doug Schneebeck	57.52	1997	
M40	Laurent Birada	58.54	2010	
M45	David Ortman	59.06	1998	
M50	Harold Marioka	59.46	1994	
M55	Larry Norris	68.78	2002	
M70	B.W. "Bud" Deacon	87.57	1983	

2000 Meter Steeplechase - Women				
W30	Lisa Nye	6:32.65	2000	
W35	Lauriea Blume	8:57.43	2003	
W40	Grace Padilla	7:13.74	2012	Unattached
W45	Sue Grigsby	8:21.66	2002	
W50	Sharlet Gilbert	8:26.95	2002	
W55	Jeanne Moule	12:50.37	2001	
W60	Laura Stepan	14:01.16	2003	
W65	Marie-Louise Michelsohn	9:10.30	2008	

2016 Hayward Classic Records

2000 Meter Steeplechase – Men

M45	Rick Sherman	7:52.34	2012	Unattached
M50	Chip Roe	7:44.86	2012	Unattached
M55	Wally Brawner	8:07.46	1999	
M60	David Taylor	7:39.11	2010	
M65	John Hepner	8:10.29	1997	
M70	John Hepner	8:48.85	2002	
M75	Dan Bulkley	9:28.78	1993	
M80	Dan Bulkley	11:11.20	1997	

3000 Meter Steeplechase – Men

M30	Steve Grube	9:28.78	1993	
M35	Steven James	9:34.15	1996	
M40	Clay Stenberg	9:34.45	1995	
M45	Leonard Hill	10:17.46	2002	
M50	Leonard Hill	10:10.41	2003	
M55	Ken Carmen	11:12.00	1983	

1 Mile Run Age Graded – Women

W30	Susannah Beck	4:58.05	1998	
W35	Erna Kozak	4:55.60		
W40	Carla Hervert	5:35.81	2001	
W45	Carla Hervert	5:25.87	2005	
W50	Dee Dee Grafius	5:36.10	2002	
W55	Jeanette Groesz	5:52.29	2005	
W60	M.L. Michelsohn	6:00.11	2002	
W65	Diane Palmason	6:21.54	2003	
W70	June Machala	7:16.12	2003	
W75	Mary Harada	7:55.74	2010	
W85	Ivy Granstrom	11:54.42	1998	

1 Mile Run Age Graded – Men

M30	Dale Londos	4:25.53	1997	
M35	David Castle	4:31.18	1990	
M40	Kirk Randall	4:23.08	1983	
M45	Mike Manley	4:28.02	1988	
M50	Dave Clingan	4:43.67	2005	
M55	Herb Phillips	4:59.36	1997	
M60	Dan McCormack	5:05.56	1999	
M65	Gary Patton	5:22.99	2014	SoCal TC
M70	John Keston	5:51.44	1997	
M75	Roger Davies	6:20.01	2010	
M80	Joe King	7:09.60	2008	
M90	Paul Spangler	10:47.71	1990	

1500 Meter Race Walk – Women

W45	Katie Grimes	7:36.65	2012	Racewalkers NW
W50	Nana Ballerud	8:54.51	2012	Racewalkers NW
W60	Maureen Robeson	9:17.02	2012	Racewalkers NW

2016 Hayward Classic Records

1500 Meter Race Walk – Men

M55	Rob Frank	7:31.53	2012 Racewalkers NW
M65	Denny Robeson	8:15.04	2012 Racewalkers NW
M75	Christian Amoroso	9:56.27	2012 Racewalkers NW
M80	Dick Vaughn	11:26.03	2012 Racewalkers NW

1 Mile Race Walk – Women

W35	Teresa Aragon	7:56.07	1999
W40	Kelly Murphey-Glenn	8:01.97	2001
W45	Katie Grimes	8:17.69	2011 Racewalkers NW
W50	Mary Snyder	8:06.22	2001
W55	Marianne Martino	8:52.53	2006
W60	D. JoAnne Parks	9:27.73	1997
W65	Judy Heller	9:59.22	2011 Wonders of Walking
W70	Rita Sinkovec	10:41.75	2010

1 Mile Race Walk – Men

M40	Robert Frank	7:39.98	1996
M45	Mike Blanchard	7:34.84	2006
M50	Ed Kousky	7:19.32	1995
M55	Ed Kousky	7:16.77	1996
M60	Steve DiBernardo	8:12.55	2015 Club Northwest
M65	Jack Bray	8:13.73	2002
M70	Goetz Klopfer	9:34.60	2016 Oregon Track Club, Eugene OR
M75	Joseph Mallon	10:52.60	1996
M80	John Besson, Jr.	11:50.65	1993

2000 Meter Race Walk – Women

W35	Daniela Hairabedian	10:43.37	1991
W40	Sue Laks	11:48.46	1992
W45	Carolyn Kortge	11:09.85	1991

2000 Meter Race Walk – Men

M35	Robert Frank	11:01.47	1992
M40	Stan Chraminski	9:47.72	1991
M45	Charles Monismith	11:45.64	1991
M50	Bob Brewer	10:05.37	1991
M60	Bill Kinder	14:09.20	1992
M65	Dick Bennett	12:17.58	1992
M70	Joseph Mallon	12:12.24	1991

2016 Hayward Classic Records

3000 Meter Race Walk – Women

W30	Judy Suhanek	16:22.10	1989	
W35	Donna Houle	17:16.70	1989	
W40	Carole Langenbach	21:51.50	1989	
W45	Katie Grimes	15:56.31	2012	Racewalkers NW
W50	Katie Grimes	16:31.92	2014	Racewalkers NW
W55	Ann Tuberg	17:39.41	2015	Club Northwest
W60	Maureen Robeson	19:17.08	2012	Racewalkers NW
W65	Maureen Robeson	19:25.86	2014	Racewalkers NW

3000 Meter Race Walk – Men

M30	William Boyd	16:10.90	1989	
M35	David McNayr	16:35.53	1988	
M40	S.O. Monismith	17:09.20	1989	
M45	Marvin Dunn	16:34.00	1989	
M55	Rob Frank	15:53.75	2012	Racewalkers NW
M60	Steve DiBernardo	15:51.00	2015	Club Northwest
M65	Dennis Robeson	17:09.59	2014	Racewalkers NW
M70	Goetz Klopfer	17:58.47	2016	Oregon Track Club, Eugene OR
M75	Christian Amoroso	20:48.75	2012	Unattached
M80	Ron MacPike	22:14.73	2014	Racewalkers NW

5000 Meter Race Walk – Women

W30	Tami Garcia	36:31.00	1998	
W35	Teresa Aragon	26:33.77	1999	
W40	Teresa Aragon	27:06.36	2002	
W45	Katie Grimes	26:39.06	2011	Racewalkers NW
W50	Mary Snyder	27:38.14	2002	
W55	S. Rademaker	28:48.24	1997	
W60	Bev LaVeck	28:49.35	1997	
W65	Judy Heller	32:10.06	2011	Wonders of Walking
W70	Bev McCall	32:45.06	2006	

5000 Meter Race Walk – Men

M30	John Kerfoot	23:25.60	1991	
M35	Edwin Thompson	31:53.18	1990	
M40	Bob Novak	25:20.85	1993	
M45	Stan Chraminski	25:12.26	1997	
M50	Edgar Kousky	24:59.70	1995	
M55	Edgar Kousky	24:30.40	1996	
M60	Norman Frable	26:59.10	2007	
M65	Jack Bray	26:54.98	2002	
M70	Paul Johnson	28:16.82	2008	
M75	Dick Vaughn	34:57.86	2006	
M80	John Besson, Jr.	38:29.40	1993	

2016 Hayward Classic Records

High Jump -Women		m	
W30	Martha Mendenhall	1.55	1993
W35	Allison Wood	1.65	2013 Aumsville, OR
W40	Allison Wood	1.65	2014 SoCal TC
W40 tie	Allison Wood	1.65	2015 Oregon Track Club
W45	Debbie Brill	1.61	2002
W50	Martha Mendenhall	1.42	2010
W55	Becky Sisley	1.24	1994
W60	Marg Radcliffe	1.21	2002
W65	Linda Douglass	1.18	2010
W70	Christa Bortignon	1.15	2011 Canada *
W75	Christa Bortignon	1.10	2012 Canada
W80	Olga Kotelko	0.98	2000
W85	Olga Kotelko	0.89	2004

High Jump - Men		m	
M30	Corey Swim	2.03	2001
M35	Mike Franz	1.87	1994
M40	Keith Nelson	1.96	1997
M45	Scott Rick	1.78	2010
M50	Bruce McBarnette	1.91	2008
M55	Mark Williamson	1.78	2013 Durham, NC
M60	Herm Wyatt	1.60	1993
M60	Doug Osland	1.60	2015 Unattached
M65	Milton Newton	1.50	2001
M70	Vince Sempronio	1.40	1996
M75	Ray Propst	1.29	2004
M80	Bob Hewitt	1.26	2014 Portland Masters TC
M85	Loen Joslin	0.94	1997
M90	Ralph Maxwell	1.00	2011 Unattached *

Pole Vault - Women		m	
W30	Pamela Reynolds	2.70	1996
W35	Cathryn Cole-Dow	3.05	1999
W40	Cathy Cole	2.90	2001
W45	Donna Schultz	2.70	2003
W50	Terri Phillips	2.20	2001
W55	Becky Sisley	2.38	1997
W60	Becky Sisley	2.30	2001
W65	Becky Sisley	2.30	2008

2016 Hayward Classic Records

Pole Vault - Men		m		
M30	Curtis Heywood	4.90	2000	
M35	Stephen Smith	4.91	1988	
M40	Ed Lipscomb	4.70	1992	
M45	Jerry Cash	4.73	1995	
M50	Jerry Cash	4.20	2000	
M55	Joe Johnston	3.85	1999	
M55	Dennis Phillips	3.85	2006	
M60	John Altendorf	4.00	2007	
M65	John Altendorf	3.70	2013	Corvallis, OR
M70	Terry Cannon	3.00	2008	
M75	John Cleveland	2.50	2000	
M75	Robert Hewitt	2.50	2008	
M80	John Cleveland	2.20	2005	
M90	Ralph Maxwell	1.12	2011	Unattached *

Long Jump - Women		m		Wind
W30	Paula Leslie	5.03	2002	
W35	Phil Raschker	5.38		
W40	V. Amarasekara	5.25	2005	
W45	Veronica Amarasekara	4.63	2010	
W50	Irene Obera	4.09	1986	
W55	Betty Vosburgh	3.91	1990	
W60	Sandy Anderson	3.54	2003	
W65	Barbara Jordan	3.55	2004	
W70	Audrey Lary	3.76	2004	
W75	Christa Bortignon	3.59	2013	West Vancouver, BC 0.7
W80	Olga Kotelko	2.13	2002	
W85	Olga Kotelko	2.01	2004	

Long Jump - Men		m		Wind
M30	B. Sinkbeil	6.79	1989	
M35	Randy Kruse	6.71	1989	
M40	David Pietka	6.33	1992	
M45	Chris Bates	6.04	2011	Willamette Striders -1.8
M50	Brian Courtney	5.81	2015	Portland Masters 0.6
M55	Roger Parnell	5.56	2004	
M60	Thaddeus Wilson	4.97	2013	Oxnard, CA 1.6
M65	James Stookey	4.94	1998	
M70	James Stookey	4.83	2000	
M75	James Stookey	4.49	2005	
M80	Ralph Daehler	3.59	2013	Springfield, OR 0.0
M85	Bill Platts	3.43	2013	Boise, ID 0.0
M90	Ralph Maxwell	2.59	2011	Unattached * -2.0

2016 Hayward Classic Records

Triple Jump - Women		m		Wind
W30	Kimiko Nakatake	9.48	2001	
W35	Julie Toll	9.02	2001	
W40	V. Amarasekara	10.31	2002	
W45	Debbie Brill	9.60	2002	
W50	Becky Sisley	8.55	1991	
W55	Becky Sisley	7.83	1998	
W60	Deborah Lee	7.55	2015	Greyhound Masters
W65	Audrey Lary	7.89	1999	
W70	Audrey Lary	7.96	2005	
W75	Christa Bortignon	7.49	2013	West Vancouver, BC
W80	Frances Styles	3.86	2010	
W85	Olga Kotelko	4.26	2006	

Triple Jump - Men		m		Wind
M30	Mike Lariza	14.60	1987	
M35	Mike Lariza	13.71	1991	
M40	Brian Goushy	13.24	2002	
M45	Mike Lariza	13.51	2001	
M50	Mike Lariza	12.10	2007	
M55	Michael Yeoman	11.44	2013	Eugene, OR
M60	Victor Chaney	9.72	2005	
M65	Kermit Walker	9.87	2002	
M70	James Stookey	9.93	2000	
M75	James Stookey	8.95	2005	
M80	Kermit Walker	6.52	2016	Unattached, Charleston OR
M95	Dan Bulkley	3.49	2013	Phoenix, OR

Shot Put - Women		m		
W30	Sandra Stepp	8.91		
W35	Kathy Gelhausen	11.78	1996	
W40	Joan Stratton	11.15	1993	
W45	Monica Kendall	12.79	2003	
W50	Monica Kendall	14.59	2007	
W55	Monica Kendall	13.09	2011	Unattached *
W60	Monica Kendall	12.30	2016	Unattached, Beaverton OR
W65	Sherrie Sherrard	9.82	2004	
W70	Christel Donley	7.22	2008	
W75	Christa Bortignon	7.56	2012	Canada
W80	Olga Kotelko	6.09	2002	
W85	Olga Kotelko	5.77	2004	
W90	Melanie Reske	4.03	2012	Oregon Track Club

2016 Hayward Classic Records

Shot Put – Men		m	
M30	Tim Fua	16.31	2002
M35	Victor Barcot	15.05	2010
M40	Chuck Chapin	16.40	1987
M45	Richard Brown	15.11	1987
M50	Tom Gage	16.21	1995
M55	Joe Keshmiri	15.31	1997
M60	Joe Keshmiri	16.46	1998
M65	Ross Carter	13.66	1983
M70	Gerald Vaughn	15.02	2006
M75	Robert Ward	12.49	2015 Portland Masters TC
M80	Ross Carter	12.27	1994
M85	Ross Carter	10.42	1999
M90	Jim Murray	6.14	2005

Discus Throw – Women		m	
W30	Kathy Gelhausen	47.94	1992
W35	Kathy Gelhausen	41.10	1996
W40	Joan Stratton	34.54	1993
W45	Carol Finsrud	48.74	2002
W50	Mary Jacobson	29.66	2002
W55	Connie Schmitt	24.88	2015 Unattached
W60	Yvonne Kirkpatrick	23.63	2015 Unattached
W65	Mavis Lorenz	21.79	1993
W70	Audrey Lary	21.32	2004
W75	Janice Bradley	15.93	2013 Battle Ground, WA
W80	Olga Kotelko	14.74	2002
W85	Olga Kotelko	14.83	2006
W90	Melanie Reske	7.66	2013 Springfield, OR

Discus Throw – Men		m	
M30	D. Stepens	38.82	
M35	Kevin Carr	51.88	2001
M40	Tim Fox	47.88	1997
M45	Mark Neil	46.34	1998
M50	Tom Fahey	53.04	2001
M55	Tom Fahey	51.32	2004
M60	Tom Gage	51.86	2004
M65	Ladislav Filip	46.84	1995
M70	Grove Bolles	43.34	2004
M75	Harvey Lewellen	41.58	2004
M80	Ross Carter	37.08	1994
M85	Ross Carter	30.81	2000
M90	Buell Crane	20.52	1990
M95	Daniel Bulkley	11.06	2013 Phoenix, OR

2016 Hayward Classic Records

Javelin Throw - Women		m	
W30	Laurie Tichnor	30.02	1994
W35	Arlene Platt	35.40	1989
W40	Nadine Bowers	37.08	2001
W45	Monica Kendall	38.08	2003
W50	Becky Sisley	34.42	1990
W55	Becky Sisley	32.23	1998
W60	Marg Radcliffe	33.72	2003
W65	Becky Sisley	28.06	2005
W70	Becky Sisley	25.79	2011 Oregon Track Club
W75	Becky Sisley	22.70	2014 Oregon Track Club
W80	Olga Kotelko	18.28	2000
W85	Olga Kotelko	18.56	2004
W90	Melanie Reske	6.91	2012 Oregon Track Club

As of 2000 New WMA Implements W50-59			
W50	Monica Kendall	42.74	2007
W55	Monica Kendall	35.63	2011 Unattached

Javelin Throw - Men		m	
M30	Ken Hall	63.42	1996
M35	Corey Swim	64.22	2005
M40	Hamman Stenlund	58.48	1985
M45	Gary Reddaway	53.72	1986
M50	Gary Reddaway	51.71	1993
M55	Del Pickarts	50.78	1986
M60	Bob Powers	49.04	2011 Unattached *
M65	Gary Stenlund	56.93	2006
M70	William Bronson	35.18	1993 Portland Masters TC
M75	Hal Wallace	30.12	1999
M80	Leon Joslin	22.06	1992

As of 2000 new WMA implements M50-59; 70+			
M50	Randy Hayes	55.88	2012 Amity TC
M55	Tom Sinclair	53.44	2013 Redmond, WA
M70	Gary Stenlund	48.56	2011 Portland Masters TC
M75	Gary Stenlund	47.12	2016 Portland Masters TC, Battle Gr WR
M80	Bill Platts	38.23	2008
M85	Bill Platts	35.08	2013 Boise, ID
M90	Jim Murray	13.44	2005

2016 Hayward Classic Records

Hammer Throw – Women		m	
W30	Sandra Stepp	31.68	
W35	Sandra Stepp	35.50	1985
W40	Joan Stratton	38.94	1993
W45	Carol Finsrud	42.02	2004
W50	Joyce Taylor	40.88	2003
W55	Joyce Taylor	37.81	2006
W60	Joyce Taylor	34.71	2011 Portland Masters TC
W65	Carol Young	35.93	2005
W70	Georgia Cutler	24.94	2013 Eugene, OR
W75	Janice Bradley	18.04	2013 Battle Ground, WA
W80	Olga Kotelko	17.82	2000
W85	Olga Kotelko	17.28	2004
W90	Melanie Reske	9.70	2011 Oregon Track Club

Hammer Throw – Men		m	
M30	Zeb Hoffman	58.19	2013 Seattle, WA
M35	Pat Healy	48.68	1988
M40	L. Waithe	50.00	1991
M45	Tom Gage	54.70	1991
M50	Tom Gage	61.84	1996
M55	Tom Gage	57.37	1998
M60	Tom Gage	60.44	2004
M65	George Mathews	49.41	2008
M70	Bob Ward	50.90	2004
M75	Bob Ward	51.51	2008
M80	Harvey Lewellen	39.61	2012 Oregon Track Club
M85	Harvey Lewellen	31.95	2014 Oregon Track Club
M90	Jim Murray	15.59	2005

Weight Throw – Women		m	
W45	Carol Finsrud	14.59	2004
W50	Joyce Taylor	11.83	2002
W55	Joyce Taylor	11.29	2007
W55	Joyce Taylor	11.29	2008
W60	Evelyn Wright	9.15	1999
W65	Audrey Lary	9.10	1999
W70	Patricia Osmon	5.76	1997
W75	Melanie Reske	5.72	2000
W80	Olga Kotelko	6.02	2000

As of 2001 New WMA Implements W60+			
W60	Georgia Cutler	12.39	2004
W65	Carol Young	12.29	2005
W70	Audrey Lary	10.56	2006
W75	Janice Bradley	8.04	2013 Battle Ground, WA
W80	Olga Kotelko	7.67	2002
W85	Olga Kotelko	7.68	2004
W90	Melanie Reske	4.93	2012 Oregon Track Club

2016 Hayward Classic Records

Weight Throw – Men		m	
M30	Bryan Payne	9.90	2004
M35	Mike Curry	12.33	2005
M40	Tim Shannon	14.41	2003
M45	Ray Burton	14.71	2005
M50	Tom Gage	17.06	1995
M55	Tom Gage	15.38	1999
M60	Richard Hotchkiss	14.04	2000
M65	Ken Weinbel	12.53	1995
M70	Ken Weinbel	11.77	1998
M75	Jim Minah	8.72	1996
M80	Leon Joslin	7.92	1994
M85	Ross Carter	6.67	1999
As of 2001 new WMA Implements M50+			
M50	Tomas Meyer	18.12	2005
M55	Tom Gage	19.68	2002
M60	Tom Gage	22.28	2003
M65	George Matthews	19.90	2008
M70	Bob Ward	18.36	2006
M75	Bob Ward	18.25	2008
M80	Harvey Lewellen	15.60	2010
M85	Harvey Lewellen	11.46	2015 Oregon Track Club
M90	Jim Murray	7.70	2005
Super Weight Throw –Women		m	
W45	Carol Finsrud	9.59	2004
W50	Joyce Taylor	8.74	2005
W55	Joyce Taylor	8.12	2007
W60	Georgia Cutler	7.00	2006
W65	Carol Young	6.96	2005
W70	Audrey Lary	6.88	2004
W75	D McLeod-Smith	3.63	2004
W80	D McLeod-Smith	4.09	2006
W85	Olga Kotelko	4.89	2007

2016 Hayward Classic Records

Super Weight Throw – Men		m	
M30	Bryan Payne	6.15	2004
M35	Mike Curry	7.61	2005
M40	Mike Curry	8.86	2008
M45	Ray Burton	9.00	2005
M50	Tim Edwards	9.37	1998
M55	Tom Gage	9.33	1998
M60	Todd Taylor	10.92	2008
M65	George Mathews	10.60	2008
M70	Harry Hawke	11.91	2000
M75	Bob Ward	9.72	2008
M80	Harvey Lewellen #25	10.99	2010
M80	Jim Minah #35	5.61	2000
M85	Leon Joslin #35	4.82	1998
M60	Hank Konen #44	10.59	2007

2016 Hayward Classic Records

4 x 100 Meter Relay - Women

W30-39	NWT	54.94	2001
	(Leslie, Dewarder, Mitchell, [unknown])		
W40-49	OTCM	63.19	1998
	(Rickson, Mitchell, Sisley, Libal)		
W50-59	Non Club 'A'	68.20	2014
	(Michele Michon 51, Linda Parsagian 59, Rebecca Mitchell 60, Inez Kelleher 58)		
W60-69	Greyhounds Masters	01:03.74	2015 [Canadian Record also]
	(Deborah Lee 64, Urith Haylet 64, Christa Bortignon 78, Elaine Whidden 60)		

4 x 100 Meter Relay - Men

M40-49	Oregon Association A	47.49	2010
	(Sanders, Martin, Bañuelos, Beller)		
M50-59	PNW "A"	49.21	2002
	(Brocato, Lesniak, Jacobson, Lyden)		
M60-69	NW Region A	56.01	2006
	(Tucker, McMillan, Hoffman, Edens)		
M70-79	Oregon TC Masters A	1:13.56	2011 Oregon Track Club Masters
	(Golly, Brock, Stepan, Edens)		

4 x 100 Meter Relay - Mixed Men & Women

X40-49	Racewalkers NW 'A'	1:16.46	2012 Racewalkers NW
	(Grimes, Ballerud, Robeson, Frank)		

4 x 400 Meter Relay - Women

W30-39	Team Oregon	4:53.32	2002
	(Jones, Sims, Vesey, Jackinsky)		
W40-49	Running Unlimited	4:58.84	2002
	(Boon, Steinberg, Wendt, Palmason)		

4 x 400 Meter Relay - Men

M30-39	Unattached 'A'	4:04.50	2015
	(Samuel McElwain 33, Mike Blackmore 53, Kevin Paulk 54, Josh Gordon 40)		
M40-49	PUHP	3:52.51	2005
	(Londos, Prather, Whan, Podo)		
M50-59	Eugene Striders A Team	4:14.79	2007
	(Russell, Podolski, Widoff, Maier)		

4 x 800 Meter Relay - Men

M40-49	MITM	7:54.17	2004
	(Hinton, Pope, Paulk, Young)		
M 60-69	Oregon TC Masters A	12:56.77	2011 Oregon Track Club Masters
	(Celestina, McConnell, Wilkins, Castle)		

4 x 1500 Meter Relay - Men

M40-44	MiTM	16:24.12	2003
	(Magill, Paulk, Roman, Young)		

2016 Hayward Classic Records

4 x Mile Relay – Men

M40–49 MiTM 17:14.31 2004
(Magill, Pope, Hinton, Young)

4 x 1600 Meter Relay – Men

M40–49 No Name Track Club WB 17:40.63 2002
(Olds, Assum, Magill, Young)

4 x 400 Meter Racewalk Relay – Women

W40–49 Racewalkers NW 7:20.63 2002
(Mordian, Murphy–Glenn, Vermeer, Aragon)

W50–59 Racewalkers NW 7:45.85 2001
(Warberg, Whitaker, Lafayette, [unknown])

Wind-aided results (wind exceeding 2.0 m/s) are not eligible for records.

Records updated by David Wilkins

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